



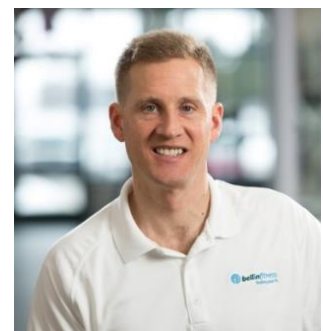
Finding Your Fit.

**PAIN & INJURY
CONSULTATIONS
WORKING TO
ALLEVIATE YOUR PAIN
AND DISCOMFORT.**

Is your body slowing you down? Not moving as freely as you want because of persistent achy knees, hips, a sore back and/or other joint discomfort? Want to do daily activities with less soreness or perform at a higher level? Consult with Jim Beversdorf, a Bellin Health Fitness Licensed Athletic Trainer, for a FREE 30-minute Pain and Injury Consultation. Jim will evaluate your discomfort, answer your questions and recommend treatment options based on your current issues.

Mondays and Fridays | 10 am - 12 pm
Bellin Health Fitness Ashwaubenon
1630 Commanche Avenue | 920.430.4756

Thursdays | 9-1030 am
Bellin Health Fitness Bellevue
3263 Eaton Road | 920.433.6756



Jim Beversdorf
LAT, CES, PES, CSCS
Licensed Athletic Trainer